

BACKGROUND

ROTARY INTERNATIONAL

Rotary is a global network of 1.4 million members, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and foresight. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence, to work on sustainable projects. From literacy and peace to water and health, we are always working to better our world, and we stay committed till the end. We provide services to others, promote integrity, and advance world understanding, goodwill, and peace through our fellowship of business, professional, and community leaders.

ROTARY CLUB PAVIA

Rotary Club Pavia (RC Pavia in the following) was founded on Jan. 26th 1950, and is the oldest Rotary Club in the Province of Pavia, and it immediately started developing Service Actions for the local community and for the distant ones. The presence of an evening dedicated to international students, lodged and studying at one of the Pavia colleges, is a largely consolidated tradition of RC Pavia, and the oldest written evidence of these events dates back to the year 1956 (on March 15th to be precise).

After almost 7 decades since the first written reports, in 2023 RC Pavia decided to thoroughly revisit the organization of the international students celebration, adapting it to the contemporary society by using a new format, while taking pride of being adherent to the values and ideals of the Rotary International. With the new structure of the Colleges International Students Award we aim to facilitate socialization, inclusion, cultural growth, soft-skills development, and fun in all the participants.

We will do our best to create a memorable experience for you, while sharing and applying our Rotarian values.

ROTARACT CLUB PAVIA

Rotaract Club Pavia was founded in Pavia in 1968, the same year of the birth of the very first Rotaract Club in the world. Today it is classified as not-for-profit and is run by young adults with an age between 18 and 35. Members (mainly university students and young professionals) donate a part of their time and expertise to the association and its activities which are referred to as "Service". Among our latest and most successful service actions: partnership with AVIS (Associazione Volontari Italiani del Sangue) based on blood donation and educational events, cooking workshops for young adults suffering from Down Syndrome, self-defense workshops for women, and many more.

COLLABORATIONS

This success of this initiative is also due to the key collaboration offered by Pavia Colleges, by EDiSU (Ente per il Diritto allo Studio Universitario) and by GLOBEC (Center for Global Strategic Engagement) of University of Pavia.

IDEA, ELIGIBILITY AND REWARD

THE IDEA

The ratio behind the Colleges International Students Award (CISA in the following) is to offer participants the possibility to develop their team-work abilities, to widen their social contacts, to learn how to develop a project proposal, to raise their awareness of Rotary International, and of the challenges it is now tackling by funding service actions all around the world. The process will start with the creation of 8 teams (further details below).

Each team will be asked to develop, within a 4-months frame, a “Service Project Proposal” (SPP in the following) according to the Rotary values. Please note that teams are not expected to directly implement the project (as it may be not possible for several reasons), but they are free to do it. In that case they are encouraged to document the realized activity. Teams are required to think about the different aspects of the envisioned project, and to prepare three final documents: a 30s project teaser, to be shared on socials, a written SPP, and a self-explanatory video presentation (max 5 minutes). Further details are reported in section “PREPARING AND PRESENTING YOUR SPP”.

The submitted SPP will be evaluated by an Evaluation Committee, who will select the winning SPP and team, according to the criteria reported in section “AWARD CRITERIA”. The winning SPP will be considered for funding both from RC Pavia and from Rotary District 2050.

ELIGIBILITY

International students lodged in the following Colleges are invited to participate: Borromeo, Cairoli, Cardano, Castiglioni-Brugnatelli, Don Bosco, Fraccaro, Ghislieri, Golgi, Griziotti, Maino, Nuovo, Residenza Biomedica, Santa Caterina, Spallanzani, Valla, Volta. **The maximum number of participants is 32.**

As a preference criteria 2 students from each of the 16 colleges can take part in the event.

In case some colleges will not be able to identify two participants, the unoccupied places will be made available to students from other colleges. If needed, a selection of the candidates will be made to maximize the heterogeneity in terms of gender, country of origin and study field.

To submit their application for taking part in CISA 2025, students should fill the form available at the following link: <https://forms.gle/WfFByg3cykdPvLt29> (Application Deadline October 14th 2024)

REWARDING

We fully believe that the main reward for participating in the CISA will consist in the creation of new social contacts and in the acquisition of new skills. However, we have also planned some extra bonuses and incentives for the participants:

- All the activity hours spent during the CISA meetings will be certified and can be counted (provided that your College accepts them) as educational activities
- Participants attending at least 75% of the meetings, and submitting a substantial SPP will receive an Open Badge from the University of Pavia as a certification for the received training
- The winning team will be awarded a prize of €2400 (to be shared between participants).

TEAMS, SCHEDULE, RULES & PROCEDURES

TEAMS

The teams will be defined by the CISA Committee. Each team will include 4 students, from 4 different Colleges, and will benefit from the presence of a member of Rotaract Pavia. Rotaract members will support the team by bringing knowledge about the Rotary, by helping with the organization of the project-preparation work and they will act as a reference point for the team members. The ideation of the project and its development are the responsibility of the 4 team members. It is strongly suggested that all the participants share ideas and contribute equally to the development of the proposal.

SCHEDULE

The CISA will take place in 6 different meetings.

Attendance at all the meetings is recommended but not mandatory.

26/10/2024 14:00 – 19:00: Presentation & Kick-off – Collegio Fraccaro

A short presentation will introduce CISA to all participants. They will then take part in a specifically designed socialization activity. During this meeting, the composition of the teams will be disclosed, and the teams will then start coordinating their activities.

09/11/2024 14:30 – 17:30 - 1st Training Session: How to write a Project – Collegio Giasone del Maino

A short seminar on how to prepare a successful project will be given (speakers to be defined)

16/11/2024 14:30 – 17:30 - 1st Review Meeting with the Committee – Residenza Biomedica

Teams will have the chance to discuss their ideas and project drafts with the members of the evaluation committee, to fine-tune their proposal and to receive appropriate suggestions.

23/11/2024 14:30 – 16:30 - 2nd Training Session: Project Budget and Sustainability – Collegio Ghislieri

A short seminar on two key aspects of projects will be given (speakers to be defined)

14/12/2024 14:30 – 17:30 - 2nd Review Meeting with the Committee – Collegio Volta

Teams will have the chance to discuss their ideas and project drafts with the members of the evaluation committee, to fine-tune their proposal and to receive appropriate suggestions.

30/12/2024 - SUBMISSION of a 30s-video

Teams are asked to submit a short video (Max 30 seconds), that will be shared on social media to increase the interest towards their project idea.

31/01/2025 - PROJECT SUBMISSION DEADLINE

25/02/2025 18:00 – 22:30 - Final Event and Award Ceremony – Collegio Cairoli

The submitted SPP will be presented to the public using the videos provided by each team, and all the participants will then participate in a dinner dedicated to the CISA celebration, with the presence of the College Rectors, RC Pavia members, University of Pavia authorities and Rotary District 2050 authorities.

At the end of the dinner the selected project will be shown, and the members of the winning project team will receive an award of 600€ each.

RULES

- We are strongly dedicated to the creation of a friendly, inclusive and healthy working/learning environment. No bullying or discriminating behavior will be accepted. To this aim, suitable actions will be taken, even excluding some of the participants if needed.
- Project ideation and development is the responsibility of the team members, with the guidance of the Rotaract Pavia member. It is fundamental that all the participants are active in sharing ideas and responsibilities for the development of the SPP.
- The project can be prepared/carried out using external support (e.g. college friends, university classmates, etc...), but not employing commercial services.
- The SPP should preferably address one (or more) of the themes reported in Annex 1; other topics (e.g. UN Sustainable Development Goals) are acceptable if properly justified.
- The submitted SPP must clearly identify the following elements:
 - The target community (i.e. who will get some benefit from the Service, if realized), which can be local (e.g. part of Pavia) or external (other communities in Italy or abroad).
 - The specific need, possibly demonstrated with clear argumentation.
 - A list of the planned actions, and timings
 - A list of possible problems in the project realization, and envisaged solutions
 - Expected results, and how they can be verified/measured.
 - A rough cost estimation of the project, not exceeding 10k€.
- Please note that 10k€ is the maximum budget. It is not a “recommended budget”.
- As previously indicated, the SPP might be implemented for real: there will be more chances if the project idea has a local target community, and if the team can be directly involved in its realization. **This is not a requirement**, but the evaluation will award a higher score to those projects with a higher chance of being funded and realized.

PROCEDURES

- The team should create a WhatsApp/Telegram/similar app group, including the Rotaract tutor, to guarantee ease of communication between the members.
- During team meetings it is strongly suggested to create a brief summary of the decisions taken and of the activities carried out, allowing to keep track of the progress.
- Two days before every Review Meeting each team will be asked to send a Word document (max 2 pages, on a template that will be sent to all the participants) with some key pieces of information.
- For the final assessment, each team will have to submit:
 - a Word document (Max 4 pages, on a template that will be sent to participants) with the presentation of the project;
 - a multimedia presentation (max. duration 5 minutes) which can consist in a video, or a pre-recorded PowerPoint presentation, or any other media that can be used to convey the key information about your proposal;
 - the multimedia presentation should be enjoyable for both Italian and English speakers, so the use of proper subtitles is required.
 - additional material (photos, data analysis, etc.) can be sent, but it is not required.

All the material that will be produced for the evaluation must necessarily contain the authorization to disseminate the material (obviously with credits to the creators) - It may therefore a responsibility of team members to obtain the authorization from people possibly involved in the project presentation.



AWARD CRITERIA

The projects will be analyzed and scored by the committee according to the following indicators

- Teamwork quality and equal involvement of all participants (25 points)
Were the team members able to create a positive and friendly environment?
Did the team members offer their experience, knowledge and competence for the team work?
Was it possible for every member to express and discuss their ideas?
- Project Feasibility in the short term (25 points)
Is the proposed doable within a 1y time-frame? (at least to obtain preliminary results)
Is the cost analysis reasonable?
Is there a clear and reasonable way to collect the required funding?
Has the possibility of obtaining funding from possible stakeholders been properly addressed?
- Consistency of the project with the proposed themes (15 points)
Does the project proposal address a real Service need?
Is this need in accordance with the Rotary motto "Service above Self"?
Is the target community clearly identified?
Does the target community show the need for this service?
- Quality of the graphic material presented (15 points)
Is the Word document complete and addressing all the relevant points?
Does the multimedia material clearly explain the aim of the project and how it will be achieved?
Is multimedia material suitable for diffusion on social media?
- Sustainability of the action and generation of long-term changes (10 points)
Which is going to be the impact of the project if realized?
Is the project going to create a long-standing impact?
- Scalability and applicability to other communities (10 points)
Is the project relevant only to a specific community or can it be translated to different communities/environments?

ANNEX 1 – Topics for Service Project Proposals

1. Peacebuilding and Conflict Prevention

- Enhancing the capacity of individuals and communities to transform conflict and build peace.
- Training community members in peace education, peace leadership, and conflict prevention and resolution.
- Providing services that help integrate vulnerable populations into society.
- Improving dialogue and community relations to determine how best to manage natural resources.
- Funding graduate scholarships for career-minded professionals related to peacebuilding and conflict prevention.

2. • Disease Prevention and Treatment

- Improving the capacity of local health care professionals.
- Promoting disease prevention and treatment programs that limit the spread of communicable diseases and reduce the incidence and effect of noncommunicable diseases.
- Strengthening health care systems.
- Providing clinical treatment and rehabilitation for physical disabilities.
- Funding graduate scholarships for career-minded professionals related to disease prevention and treatment.

3. • Water, sanitation, and hygiene

- Facilitating universal and equitable access to safe and affordable drinking water.
- Improving water quality by protecting and maintaining surface- and groundwater resources, reducing pollution and contaminants, and promoting wastewater reuse.
- Facilitating universal and equitable access to improved sanitation and waste management services in order to achieve open defecation-free communities.
- Improving community hygiene knowledge, behaviors, and practices that help prevent the spread of diseases.
- Strengthening the capacity of governments, institutions, and communities to develop, finance, manage, and maintain sustainable water and sanitation services.
- Funding graduate scholarships for career-minded professionals related to water, sanitation, and hygiene.

4. • Maternal and Child Health

- Reducing the neonatal and newborn mortality rate.
- Reducing the mortality and morbidity rate of children under five.
- Reducing the maternal mortality and morbidity rate.
- Improving access to essential medical services, trained community health workers, and health care providers.
- Funding graduate scholarships for career-minded professionals related to maternal and child health.

5. • Basic Education and Literacy

- Supporting programs that strengthen a community's ability to provide basic education and literacy to all.
- Increasing adult literacy.
- Working to reduce gender disparity in education.
- Funding graduate scholarships for career-minded professionals related to basic education and literacy.

6. • Community Economic Development

- Opportunities for productive work and improving access to sustainable livelihoods.
- Empowering marginalized communities by providing access to economic opportunities and services.
- Building the capacity of entrepreneurs, social businesses, and locally supported business innovators.
- Addressing gender or class disparities that prevent populations from obtaining productive work and accessing markets and financial services.
- Increasing access to renewable energy and energy-efficiency measures to create more sustainable and economically resilient communities.
- Empowering communities to develop environmental and natural resource conservation skills for economic gain.
- Strengthening communities' economic resilience and adaptive capacity⁵ in response to environmental and climate-related hazards and natural disasters.
- Developing and supporting community-based basic emergency preparedness services to improve economic resilience.
- Funding graduate scholarships for career-minded professionals related to community economic development.

7. • Environment

- Conserve nature and biodiversity, from species to landscape-scale protection.
- Mitigate climate change, by reducing or avoiding greenhouse gas emissions or ensuring that they are absorbed or stored in natural carbon sinks.
- Facilitate sustainable and adaptable livelihoods with smaller ecological footprints that maintain people's social well-being in compatibility with flourishing natural systems.
- Strengthen environmental equity by addressing socio-environmental issues that disproportionately affect marginalized communities.

8. Social Inclusion and Valorization of Diversity

- Develop systems to monitor the present, and emerging, needs of social inclusion in the considered community.
- Create solutions addressing the difficulties limiting the access of minorities, and under-represented groups, to fundamental services.
- Increasing people awareness about the diversities existing in their community.
- Valorization of the existing diversity, as an opportunity to create additional value for the community, thanks to the cultural richness brought by the diversity.

9. Service Culture Development

- Development of strategies and tools to analyze Service Societies'.
- Creation of events to support the development of a service-positive attitude in communities that, thanks to their characteristics, can create important service actions.
- Supporting young generations in the development of a service-oriented culture